

<b>Product</b>	Whey Protein	
<b>Flavour</b>	Cookies & Cream	
<b>Legal name</b>	Powder mix with whey protein concentrate and isolate for the preparation of protein drinks. With sweeteners. Cookies & Cream flavour.	
<b>Ingredients</b>	Ingredients: whey protein concentrate (whey protein concentrate (from milk) (66%), emulsifier (lecithins)), whey protein isolate (whey protein isolate (from milk) (27%), emulsifier (lecithins)), flavouring, fat-reduced cocoa powder (1.7%), thickener (xanthan gum), salt, sweeteners (steviol glycosides from Stevia, sucralose), colour (beta-carotene).	
<b>Allergens</b>	Milk	
<b>PAL</b>	May contain egg, and soya.	
<b>Note</b>	Note: It is important to maintain a varied and balanced diet and a healthy lifestyle. **Protein contributes to a growth in and the maintenance of muscle mass.	
<b>Nährwerte/ Nutrition information</b>	pro/ per 100 g	pro Portion/ per portion (30 g)
Energie/ Energy	1618 kJ	485 kJ
	381 kcal	114 kcal
Fett/ Fat	2,4 g	0,7 g
davon gesättigte Fettsäuren/ of which saturates	1,5 g	0,5 g
Kohlenhydrate/ Carbohydrate	15 g	4,5 g
davon Zucker/ of which sugars	2,7 g	0,8 g
Eiweiß/ Protein	0,8 g	0,2 g
Salz/ Salt	75 g	23 g
	0,78 g	0,23 g
Aminosäuren/ Amino acids		
L-Alanin/ L-Alanine		
L-Arginin/ L-Arginine	3780 mg	1134 mg
L-Asparaginsäure/ L-Aspartic acid	1990 mg	597 mg
L-Cystein/ L-Cysteine	8790 mg	2637 mg
L-Glutaminsäure/ L-Glutamic acid	2110 mg	633 mg
L-Glycin/ L-Glycine	13120 mg	3936 mg
L-Histidin/ L-Histidine	1470 mg	441 mg
L-Isoleucin*/ L-Isoleucine*	1130 mg	339 mg
L-Leucin*/ L-Leucine*	5100 mg	1530 mg
L-Lysin/ L-Lysine	8080 mg	2424 mg
L-Methionin/ L-Methionine	6870 mg	2061 mg
L-Phenylalanin/ L-Phenylalanine	1530 mg	459 mg
L-Prolin/ L-Proline	2610 mg	783 mg
L-Serin/ L-Serine	4770 mg	1431 mg
L-Threonin/ L-Threonine	3190 mg	957 mg
L-Tryptophan/ L-Tryptophan	4990 mg	1497 mg
L-Tyrosin/ L-Tyrosine	1380 mg	414 mg
L-Valin*/ L-Valine*	2130 mg	639 mg
	4740 mg	1422 mg
	*Verzweigt-kettige Aminosäuren/ Branched chain amino acids	
	Essentielle Aminosäuren/ Essential amino acids	
<b>Preparation Tin size</b>	Zubereitung: 300 ml Wasser + 3 Esslöffel (30 g) = 1 Shake. Preparation: 300 ml water + 3 tablespoons (30 g) = 1 shake.	
<b>Storage/BBD Tin size</b>	Vor Wärme sowie direkter Sonneneinstrahlung geschützt und trocken lagern. Mindestens haltbar bis Ende: siehe Boden. Store in a cool, dry place, out of direct sunlight. Best before end: see bottom.	
<b>Net weights/Servings</b>	Tin size: 750 g	