

Product	Shape Shake
Flavour	Vanilla
Legal name	Meal replacement for a weight control diet. With sweeteners. Vanilla flavor. Ingredients: milk protein concentrate, gluten-free oat flour, inulin, rice starch, flaxseed powder, grape seed oil, natural flavouring, calcium salts of orthophosphoric acid, potassium salts of orthophosphoric acid, potassium chloride, magnesium oxide, vitamin C, ferric pyrophosphate, vitamin E, zinc sulphate, sodium selenate, folic acid, potassium iodide, cupric sulphate, niacin, vitamin B6, riboflavin, thiamin, vitamin A, vitamin K, pantothenic acid, biotin, manganese sulphate, vitamin B12, vitamin D, salt, anti-caking agent (silicon dioxide), thickener (xanthan gum), multienzyme complex (maltodextrin, alpha-amylase, neutral protease, lactase, lipase, cellulase), sweeteners (sucralose, steviol glycosides from Stevia).
Ingredients	
Allergens	Milk, Oat
PAL	May contain egg, and soya. Weight loss with Shape Shake: substituting two of the main daily meals of an energy restricted diet with one Shape Shake each contributes to weight loss. Substituting one of the main daily meals helps you maintain weight after weight loss. Note: the product fulfils the intended purpose only in the context of an energy-restricted diet, which must also include other foods. Make sure to maintain an adequate daily fluid intake. Excessive consumption may cause intestinal discomfort. It is important to maintain a varied and balanced diet and a healthy lifestyle. **By law. Protein contributes to a growth in and the maintenance of muscle mass.
Note	

Nährwerte/ Nutrition information	pro/ per 100 g	pro Portion/ per portion (30 g)
Energie/ Energy	1415 kJ	849 kJ
	336 kcal	202 kcal
Fett/ Fat	4,2 g	2,5 g
davon gesättigte Fettsäuren/ of which saturates	0,9 g	0,5 g
Kohlenhydrate/ Carbohydrate	32 g	19 g
davon Zucker/ of which sugars	3,6 g	2,2 g
Ballaststoffe/ Fibre	15 g	9,0 g
Eiweiß/ Protein	35 g	21 g
Salz/ Salt	0,98 g	0,59 g
Vitamine/ Vitamins		
Vitamin A/ Vitamin A	603 µg	362 µg
Vitamin D/ Vitamin D	3,8 µg	2,3 µg
Vitamin E/ Vitamin E	9,6 mg	5,8 mg
Vitamin K/ Vitamin K	68 µg	41 µg
Vitamin C/ Vitamin C	60 mg	36 mg
Thiamin/ Thiamin	0,9 mg	0,6 mg
Riboflavin/ Riboflavin	1,0 mg	0,6 mg
Niacin/ Niacin	11 mg	6,6 mg
Vitamin B6/ Vitamin B6	1,1 mg	0,7 mg
Folsäure/ Folic acid	167 µg	100 µg
Vitamin B12/ Vitamin B12	5,3 µg	3,2 µg
Biotin/ Biotin	52 µg	31 µg
Pantothensäure/ Pantothenic acid	4,3 mg	2,6 mg
Mineralstoffe/ Minerals		
Kalium/ Potassium	1243 mg	746 mg
Calcium/ Calcium	1460 mg	876 mg
Phosphor/ Phosphorus	1137 mg	682 mg
Magnesium/ Magnesium	305 mg	183 mg
Eisen/ Iron	9,8 mg	5,9 mg
Zink/ Zinc	6,9 mg	4,1 mg
Kupfer/ Copper	0,7 mg	0,4 mg
Mangan/ Manganese	2,2 mg	1,3 mg
Selen/ Selenium	35 µg	21 µg
Iod/ Iodine	97,0 µg	58,2 µg

*NRV - Nährstoffbezugswerte/ Nutrient reference values

Aktive Inhaltsstoffe/ Active Ingredients	pro/ per 100 g	pro/ per 60 g
Natrium/ Sodium	390 mg	234 mg
Linolsäure/ Linoleic acid	1,8 g	1,1 g
Aminosäuren/ Amino acids		
L-Alanin/ L-Alanine	1215 mg	729 mg
L-Arginin/ L-Arginine	1355 mg	813 mg
L-Asparaginsäure/ L-Aspartic acid	2713 mg	1628 mg
L-Cystein/ L-Cysteine	319 mg	191 mg
L-Glutaminsäure/ L-Glutamic acid	7238 mg	4343 mg
L-Glycin/ L-Glycine	763 mg	458 mg
L-Histidin/ L-Histidine	973 mg	584 mg
L-Isoleucin/ L-Isoleucine	1747 mg	1048 mg
L-Leucin/ L-Leucine	3203 mg	1922 mg
L-Lysin/ L-Lysine	2657 mg	1594 mg
L-Methionin/ L-Methionine	868 mg	521 mg
L-Phenylalanin/ L-Phenylalanine	1722 mg	1033 mg
L-Prolin/ L-Proline	3238 mg	1943 mg
L-Serin/ L-Serine	1901 mg	1140 mg
L-Threonin/ L-Threonine	1523 mg	914 mg

